

## Vanilla Yogurt with Banana

### Ingredients:

1. 240g of regular yogurt
2. 1 large banana
3. 1/3 tablespoon of vanilla powder
4.  $\frac{1}{2}$  a tablespoon of cinnamon
5. 1 tablespoon of honey (or to taste)

### Directions:

1. In a bowl, mix yogurt, vanilla powder, and cinnamon until evenly mixed.
2. Slice the banana across and drop in the yogurt mixture
3. Drizzle honey on top and gently fold until a honey ribbon is formed in the yogurt
4. Enjoy cold

### Notes:

1. You could change the fruits based on your preference(kiwis, berries, mangos, etc. are all great options)

